

Me to We Awards Categories

You can nominate someone in any of these five categories:

* In the Community

Nominate a Canadian who has united his or her community in support of a common cause, creating bonds that bring people together and improve the lives of other Canadians.

* Social Action

Recognize an individual who has addressed the root causes of a social, environmental, economic or political issue and, in doing so, has made Canada a better place.

* Youth in Action

Honour young people who are making Canada a better place to live, and uplifting the lives of other Canadians.

- 12 and under
- 13 to 17

* Educator

Celebrate a JK to Grade 12 educator who nurtures the power of young people to be effective leaders in their schools, communities and around the world.

Don't forget to come back to www.metoweawards.com on May 16, 2008, to vote for the winners.



Meet Past Me to We Award Winners

Kristin Stawiarski

Teaching students to be leaders



A ballet dancer since the age of two, Kristin Stawiarski found a way to combine her compassion for others with her passion for the arts. The 17-year-old created the Kids Helping Kids Campaign three years ago to allow less fortunate children to be touched by the magic of dance. Through

Kristin's innovative campaign, dance students raise money to send seriously ill and underprivileged children to see *The Nutcracker* performed live on stage. So far, more than 600 students have been sponsored to see a performance through Kids Helping Kids and hundreds more have participated in the campaign's in-school workshops to give students a better understanding of the arts.

Frederick Dryden

Literacy for all



Frederick Dryden is a passionate advocate for youth and has worked as a counselor at detention centres and youth prisons for nearly 20 years. Frederick is also the founder of Liberty for Youth, a centre that provides tutoring, leadership skills and mentorship to young people who

are in custody, in group homes or simply headed down the wrong path in life. To get his message out and raise funds for the centre, Frederick has worked with local educators, community members and his local police force, with plans to build a community youth centre to act as a place of refuge for troubled youth to rebuild their lives.

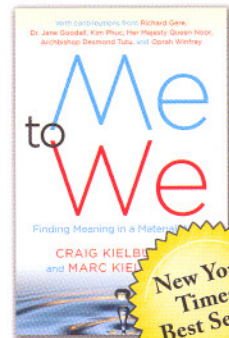


The Philosophy

The *Canadian Living* Me to We Awards have been inspired by the Me to We philosophy, which is about improving our lives and our world by reaching out to others. It involves focusing less on "me" and more on "we"—our communities, our nation and our world.

The Book

Me to We: Finding Meaning in a Material World embraces the idea that we can all build a better life and create our ideal world by reaching out to others. Written by Craig and Marc Kielburger, it is a compilation of personal life stories from their travels around the world, and effective tips readers can use to change their lives and the lives of people around them. The book also includes contributions from Richard Gere, Oprah Winfrey, Her Majesty Queen Noor, Dr. Jane Goodall and Archbishop Desmond Tutu.



Pick up your copy from a bookstore near you or visit Chapters.ca or Amazon.ca to buy it online.



Me to We Awards 2008

We're combing the country to find five everyday Canadians dedicated to making a difference in the lives of others—thinking “we” before “me.” Do you know someone who fits the bill?

Prizes

Our five winners will take home top prizes, including an article in *Canadian Living* magazine and a **\$5,000** donation to the charity of their choice.

Nominate Now

Visit www.metoweawards.com and help us shine the spotlight on a local hero who is kind, compassionate and creating meaningful change in Canada.

3 easy steps!

1. Visit the Website

Visit www.metoweawards.com before April 25, 2008

2. Nominate

Fill out online nomination form and submit. There are 5 categories to choose from.

3. Vote

Come back on May 16, 2008, to vote for the winners

Nominations close April 25!

Sponsors and Partners



A proud partner of the 2008 Me to We Awards, Free The Children is the world's largest network of children helping children through education, with more than one million youth involved in its innovative education and development programs in 45 countries.

The 2008 Me to We Awards are also made possible through the generous support of National Bank Financial and Advanced Medical Optics, and partnerships with *Canadian Living* magazine and *CTV Canada AM*. For more information about the *Canadian Living* Me to We Awards, visit www.metoweawards.com.

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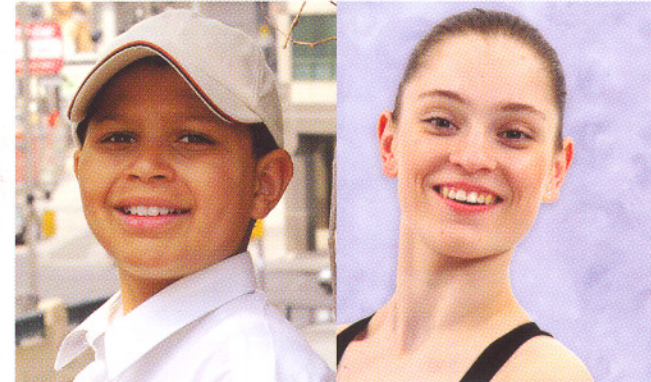


Partners:



A special thanks to photographers Kathleen Finlay and Bruce MacNeil.

me to we AWARDS 2008



Celebrating the heroes next door

me to we AWARDS 2008

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